

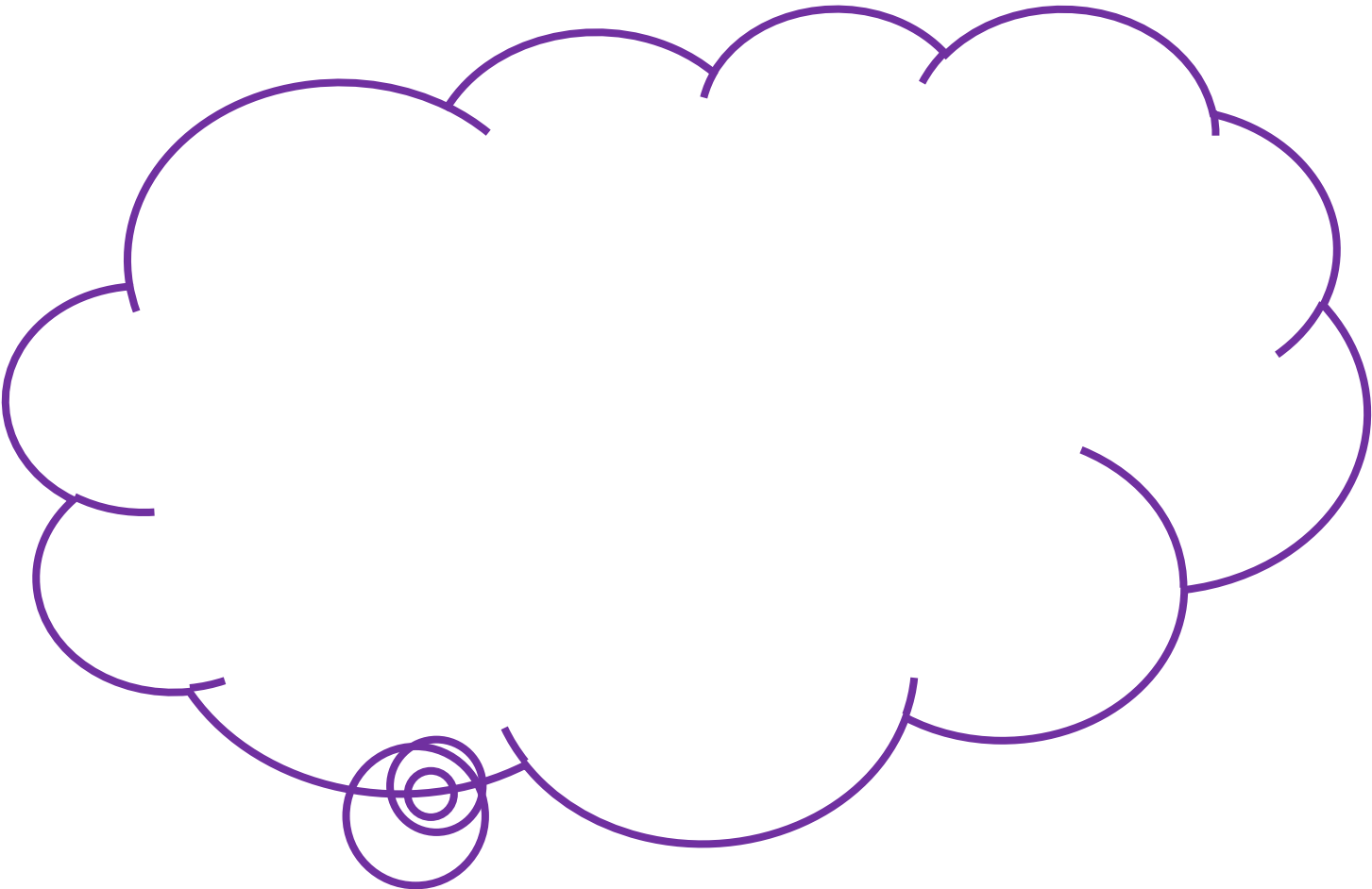
L1: I can talk about some of my hopes and dreams and what I could if I don't achieve them

We all have hopes and dreams for the future. Some of them are unrealistic or unlikely to happen (Mr Garner is unlikely to win the lottery and retire to a cottage in the countryside with an enormous library, but he still dreams about it). Some hopes and dreams are more realistic and more likely to happen if we work hard to achieve them (Mr Garner was able to study hard and become a teacher). In the space below, write down some of the unrealistic / unlikely dreams you have had about the future and some of the realistic / more likely dreams you might be able to achieve.

unrealistic/unlikely

realistic/more likely

Choose one of your the more likely dreams from above and draw yourself doing it here.



To achieve hopes and dreams, we often need to achieve lots of smaller steps first. (To become a teacher, Mr Garner had to pass his GCSEs, pass A Levels, go to university and then go to teacher training college). Think about the realistic dream you drew above. In the space below, write down some of the steps you will have to achieve to reach it.

Sometimes though, despite our best efforts, we don't or can't achieve our hopes and dreams. Read the situations below.

Emma and Oliver are promised a puppy which is then not allowed in the flats where they live.

The holiday is cancelled because a relative of Roisin has to go into hospital.

Farida breaks her leg before her gymnastics competition.

Issa thought he would be selected for the school football team but finds out he is only the reserve.

Jacob finds out he is not to be in the same class as his friends next year.

The swimming pool party is cancelled at the last minute.

Choose three of these scenarios and, for each one you have chosen, answer these questions. Write your answers on the next page.

1. How would you feel in this situation?
2. How do you think the person in the situation reacted?
3. How could they overcome the problem or make the situation better? (Think carefully about your suggestions here – for instance, Emma and Oliver can't just move home as that is something difficult and expensive to do).

Think of a time when you really wanted to achieve something but you couldn't. What did you want to achieve? How did you feel when you couldn't achieve it? What did you do to make the situation better or what could you have done to make it better?

Keep all this work safe – you will need it again next week.