



Year 4 - Unit 5 Relationships

Reflective question

Can I explain different points of view on animal rights issues?



Learning Intentions—PSHE

- Recognise situations which can cause jealousy in relationships
- Identify someone I love and can express why they are special to me
- Tell you about someone I know that I no longer see
- Recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends
- Understand what having a boyfriend or girlfriend might mean and that it is a special relationship for when I am older
- Know how to show love and appreciation to the people and animals who are special to me

Learning intentions

Social and Emotional Development

- Identify feelings associated with jealousy and suggest strategies to problem-solve when this happens
- Know how most people feel when they lose someone or something they love
- Understand that we can remember people even if we no longer see them
- Know how to stand up for myself and how to negotiate and compromise
- Understand that boyfriend/girlfriend relationships are personal and special, and there is no need to feel pressurised into having a boyfriend or girlfriend
- Can love and be loved

Vocabulary

acceptance	the condition of being accepted or approved of
attraction	a thing or quality that attracts
compromise	a settlement of a disagreement in which each side gives up something
denial	a statement that something is false
depression	A mood of unhappiness and low spirits that can last a long time and cannot always be explained
despair	The complete lack of hope
disbelief	a condition of being unable or not willing to believe
emotions	a strong feeling such as joy, hatred, sorrow, or fear. When one feels an emotion
empathy	identification with or sharing of another's feelings, situation, or attitudes
guilt	a feeling of being sorry or responsible for having done something wrong
hopelessness	beyond hope
jealousy	a feeling of envy towards another person and what he or she has or can do
loyalty	the condition of being faithful or loyal.
memento	something, such as a small object, that reminds a person of a past event, period of time, or relationship
memorial	a ceremony, custom, building, or statue to honour a dead person or past event
numb	not able to feel
negotiate	to bargain or come to an agreement with another person
relief	the feeling of being freed from pain, distress, or worry
strategy	a plan, method, or series of actions meant to perform a particular goal or effect



The Jigsaw Charter

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass
- We only use names when giving compliments or when being positive
- We respect each other's privacy (confidentiality)