

Gravity Activities

Real Astronaut Watch

Watch Chris Hadfield on YouTube. He explains how things work in space with no gravity. Discuss how you do these activities and how different it is for the astronauts. Do you think it is easy to do these every day activities in space?

No Gravity Scene

Imagine there was no gravity on Earth. Can you draw a picture of what your room would look like without gravity? Where would you be? Where would all the objects be?



Gravity Experiment

Gather a number of items- some heavy, some light and some in between. Drop them from a height (on to something soft!) What items falls the fastest? What falls the slowest?

A Day in the Life

Astronauts have to keep a tight schedule to make sure everything runs smoothly. Can you make your own daily schedule? You can draw your own picture or use the pictures below.



Get dressed



Wake up



Eat dinner



Play



Eat lunch



Brush teeth



Go for a walk



Watch television



Eat breakfast



Have a bath



School work



Go to bed