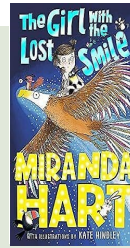


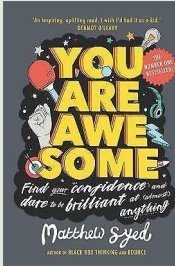
Books for Key Stage 2 Mental Health and Wellbeing



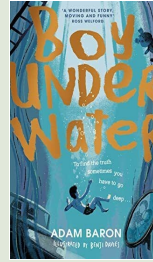
Black Dog by Levi Pinfold The youngest and bravest member of the Hope family is the only person who tames the Black Dog, a metaphor for depression, which grows bigger and bigger each time you try to ignore it .



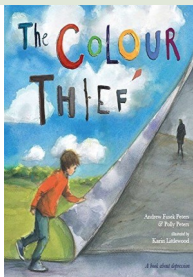
The Girl with the Lost Smile by Miranda Hart Chloe Long has lost her smile. She's looked everywhere for it. She's tried everything to bring it back. But nothing seems to be working! Until one night, something utterly magical happens – and Chloe finds herself on an adventure that is out of this world and true friendship.



You are awesome by Matthew Syed This positive and empowering guide, by best-selling mindset author Matthew Syed, will help boys and girls build resilience, fulfil their potential and become successful, happy, awesome adults.



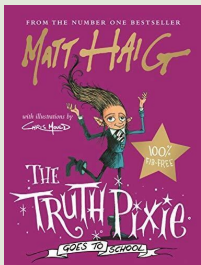
Boy under water by Adam Baron Cymbeline has never been swimming so he's a bit nervous at the prospect of his first school swimming lesson ever. But how hard could it be? He's totally ready for this. But he's not ready for an accident at the pool to reveal a family mystery that turns his life completely upside down.



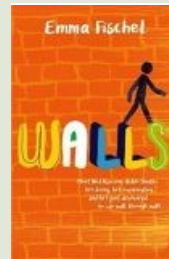
The Colour Thief by Peters and Peters. A simple, heart-warming tale which helps to open up the conversations around depression and to support children whose families have been affected. effects of depression.



The land of Never Endings by Kate Saunders. Moving, raw and funny in all the right ways, The Land of Never endings is a riproaring adventure, but it also gives an honest portrayal of grief for young readers. The book shows that whilst sadness does exist in the world, it doesn't have to cancel out happiness, or silliness, even when you lose someone you love.



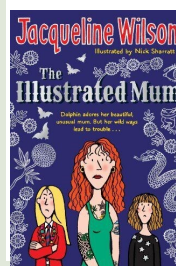
The Truth Pixie Goes to School by Matt Haig The Truth Pixie and her human friend go to school, face a bully and learn the importance of friendship and being yourself.



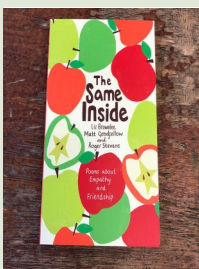
Walls by Emma Fischel Ned's world is collapsing – even discovering he can walk through walls isn't helping. Original and quirky, this story will help children understand the impact of family difficulties and how we all can choose how we behave, even in the most difficult and unusual of circumstances



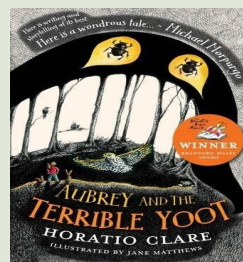
Fergal is Fuming by Robert Starling A dragon with a short temper is not a good combination, as Fergal's family and friends soon find out. It is only when he starts to notice other animals have clever tricks to calm down that Fergal begins to win back his friends., especially when he discovers dragons can cool off in a very handy way.



The Illustrated Mum by Jacqueline Wilson This classic children's story is an optimistic, heart breaking tale about family, mental health and strong sisterly love.



The Same Inside: Poems about Empathy and Friendship by Liz Brownlee, Roger Stevens and Matt Goodfellow Fifty poems that deal sensitively with feelings, empathy, respect, courtesy, bullying, disability and responsibility. They are the perfect springboard to start conversations



Aubrey and the Terrible Yoot by Horatio Clare Aubrey's father, Jim, has fallen under an horrendous spell, which Aubrey is determined to break. Everyone says his task is impossible, but Aubrey will never give up and never surrender - even if he must fight the unkillable Spirit