Year 5 - Unit 5 Relationships

Reflective question

What can I do to keep myself safe when using technology to communicate to my friends?

Learning Intentions—PSHE

Have an accurate picture of who I am as a person in terms of my characteristics and personal qualities

Understand that belonging to an online community can have positive and negative consequences

Understand there are rights and responsibilities in an online community or social network

Know there are rights and responsibilities when playing a game online

Recognise when I am spending too much time using devices (screen time)

can explain how to stay safe when using technology to communicate with my friends

Learning intentions
Social and Emotional Development

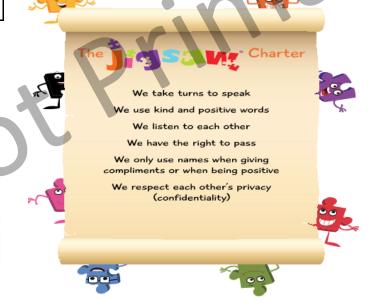Know how to keep building my own self- esteem

Recognise when an online community feels unsafe or uncomfortable

Recognise when an online community is helpful or unhelpful to me

Recognise when an online game is becoming unhelpful or unsafe

Identify things I can do to reduce screen time, so my health isn't affected

Recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others

Vocabulary

attribute	to view as a quality belonging to
characteristic	having to do with a typical or special quality of a person, group, action, or thing
community	a particular area where a group of people live
gambling	to bet money or other things on the way a game, race, or other event will end
grooming	befriending and establishing an emotional connection with a child with the objective of abuse
mental health	the condition, or degree of health, of one's mind and emotions
responsibility	something for which a person is responsible
rights	in keeping with the rules of justice, law, or society
risky	involving a chance of getting hurt or losing something
self esteem	confidence or pride in oneself; self-respect
social network	A network of social interactions and personal relationships
trolled	Starting quarrels or upsetting people by posting negative content on social media
trustworthy	worthy or deserving of trust and confidence; steadily dependable; reliable
vulnerable	open to attack or danger

The Jigsaw Charter

We take turns to speak

We use kind and positive words

We listen to each other

We have the right to pass

We only use names when giving compliments or when being positive

We respect each other's privacy (confidentiality)

Hello I'm Jigsaw Jez